

Responding to Challenging Behavior with Love and Grace
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Common Functions of Behavior

Attention

Escape

Demand

Sensory stimulation

Increasing Desirable Behaviors

Fair Pair Rule

Premack Principle (Grandma's Rule)

Token Economy System

Secret Signals

Behavior-specific Praise

Shaping

Modeling

Goal-Setting and Behavioral Contracts

Self-Recording/Self-Modeling

Decreasing Undesirable Behaviors

Situational Inducement

Proximity Control

Redirection/Precorrection

Antiseptic Bouncing

Chain Stopping

Stimulus Control/Jump Start

Differential Reinforcement

Extinction

Response Cost (use with caution)

Time Out (use with caution)

Shifting from Blame to Grace

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Souers, K., & Hall, P. (2016). *Fostering resilient learners*. Alexandria, VA: ASCD